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TRY OUT TARGET RIFLE SHOOTING

ARE YOU INTERESTED IN TRYING OUT A SPORT THAT:

- ✓ Is safe and non-violent
- Develops concentration skills to a high degree
- ✓ Improves strength, stamina and hand-eye coordination
- ✓ Develops fine motor skills
- Relies on mental power and higher order skills
- People of both genders and of all ages can compete against each other on equal terms
- ✓ Caters for a range of physical disabilities

FOR FURTHER INFORMATION, CONTACT YOUR LOCAL TARGET RIFLE CLUB

Your local club:	
Contact details:	